

MIGHTY MEN OF MIDDLE GEORGIA MONTHLY MEETING

www.efforthelps.org

Featured Speaker:

Haywood Simmons Jr.

“Build Strength Through Wellness”



September 18, 2026

9:30 AM | William Hubbard Complex

500 MLK JR Dr. Forsyth, GA 31029



Join us in person for the Mighty Men of Middle Georgia Speaker Meeting! It's a great chance to connect, share stories, and get inspired by some powerful talks. Whether you're looking to support others or just soak in the positive vibes, this meetup is for you.



Contact: The Effort Foundation, David, 478- 318-4691



Text to Register: 478- 318-4691



Email to Register: info@efforthelps.org

<https://september2026middlega.eventbrite.com>



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